



“Llyn Parc Lake” 1.45 Hour Route

This Gravity experience is a focus more on **“Adventure Sightseeing”** with less physical input.

This is done by delivering the scooters to you, at the top of Parc Uchaf Gwydyr mountain, near the “Nant Bwlch yr Haearn” outdoor centre.

The FREE Car parking area gets you at a starting height is 237.4 metres providing over 5 miles route to discover.

There are a choice of two routes - we called Left or Right (I know awesome names - better than Devils Gully or Hells Pathway!) This information is for tacking a **Left Turn** before the car park.

Allowing for standard stops, like viewing points, these routes will take you 1hr 30min +/- 15 minues.

Your session allows for 1hr 50mins.

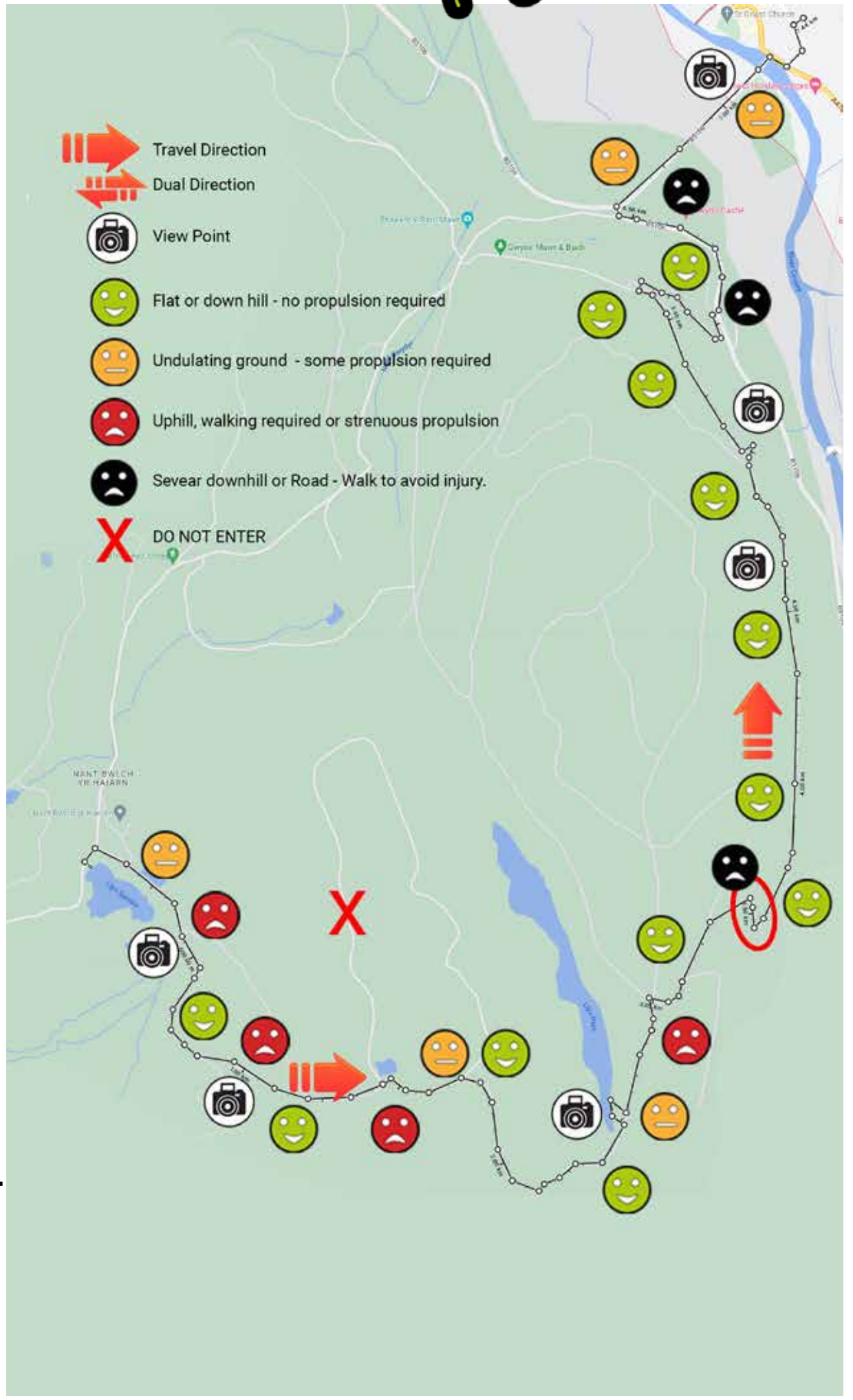
Google Maps : **Lake Sarnau Car Park**

Name: Llyn Sarnau, ConwyX/Y co-ords: 277873, 359107

Place type: Inland WaterLat/Long: 53.11510086,-3.82615344

Location Grid Ref: SH 7787 59100S

Explorer Map: OL17: Snowdon



Car Park view of Lake Sarnau



Route to take behind picnic area

From the car park head down the track with lake (marsh) sarnau on your right. The start is fairly flat with a few parts that need effort or a walk. On the first big downhill make sure you **stay left to head back up the hill.**

Walking up this hill allows you to take photos of the stunning Moel Siabod Mountain, at 872 metres (2,861 ft).



Views of Moel Siabod



Snowdonia Range

Coming down needs care, with recent track repairs and a right hand bend that you cannot do at speed. On this bend is a slight rise which levels out and then drops down on a hill to meet another rise. At this rise make sure you **stay left to head back up the hill.** This hill then falls down to the Llyn (lake) Parc where you can access the shore line. Another great photo opportunity.



Turning left from the lake, the next section looks like it is up hill, but it is suprisingly easier than it looks, but does rise up at the next junction. At the junction you need to turn right, but when the track narrows down to a single lane **SLOW RIGHT DOWN.** At the end of this single track is a **sharp right down a severe incline with a severe left turn at the bottom.** You must walk this section or go very slowly!

The track after this incline is a single track, and as this is a public footpath you **MUST GIVE-WAY** to the walkers. Stop and chat, so we all can enjoy this mountain. As you come out of the wooded area the path opens and the views of the Conwy Valley are stunning so please stop to take in the views.



Llyn Parc Shore Line



Hollywood Route



View from Hollywood route

This is a long fast route, which later joins a bend of another track. When you see this bend, slow right down, as on the right is a viewing point that King Henry VII played bowls - yeah unbelievable !



Bowling Green Picnic Area



Bowling Green Views

This track now is a flat down hill, again do **NOT get to excessive speeds**, for firstly your safety, but also that of other walkers using the track. At the bottom the track leans left where you will come across a round about, go around and come back on yourself to see a small track on the left that you passed - this is the start of you route home.

This again is a steep track and a tarmac road down onto a main road. Control your speed and beware cars travel on the tarmac road. At the main road dismount and walk over to the other side and **walk on the right**, facing the traffic. Walk until you arrive back at the car park of Gwydir Castle where the pavement will start again.

The path curves right to head down the Nant road and takes you all the way back to the stone bridge.

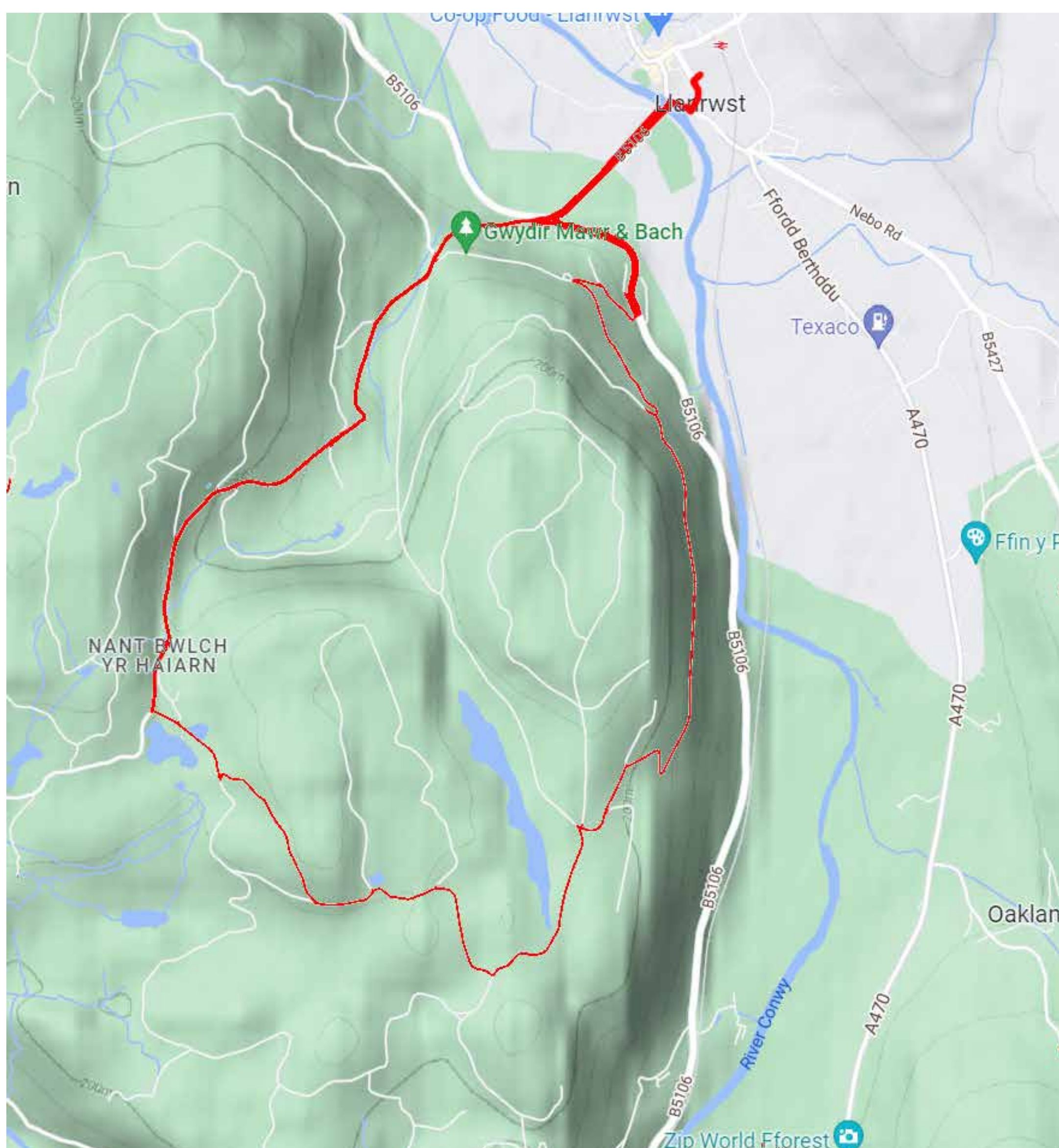


Tu Hwnt yr Bont & Llanrwst Bridge



Entrance to Watling Street

Dismount and walk across over the stone bridge and turn right onto the pavement and wait for a gap in the traffic to cross the main road. You will see a junction at the end of Watling street which leads you back to the Bike hut.



Bike Hut, Unit 25, Watling Street Car Park. Llanrwst LL260LS
www.gravitywheelers.com

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